## Know Your **Transitions of Care** Pharmacist!

## WHAT ARE TRANSITIONS OF CARE?

"Transitions of care" refers to patients transitioning between health care settings (e.g., home to hospital, ICU to a step-down unit, hospital to rehab). Transitions of care have been identified as a critical time in a patient's care for several reasons, including poor communication and an expectation that patients will remember and relate vital health-related information, which can lead to medication errors and hospital readmissions."

## WHY SHOULD PHARMACISTS BE INVOLVED IN TRANSITIONS OF CARE?

- **Clinical knowledge.** As drug experts, pharmacists ensure patients are on the most effective medication regimen, assess for adverse events, and educate on medications.
- **Technical skills.** Pharmacists ensure patients administer their medications and use medication devices, such as inhalers and injectables, correctly.
- **Medication access.** Pharmacists ensure patients can afford their medications, help them find discount or patient assistance programs, and find lower-cost medication alternatives.
- **Continuity of care.** Pharmacists facilitate the communication of patient health information between care providers within and across health care settings.

## WHAT SERVICES CAN PHARMACISTS PROVIDE DURING TRANSITIONS OF CARE?

Hospital Pharmacy		Community Pharmacy		
•	Personalize medication therapies	•	Educate on medication administration and	
•	Coordinate health care referrals		device techniques	
•	Review and address labs	•	Delivery of medications	
•	Decrease length of stay in the hospital	•	Convenience medication packaging	
•	Provide discharge		Help patients find a way to take their	
•	Prevent avoidable hospital admissions and readmissions.		medications as prescribed	
		•	Ensure access to medications	
		•	Provide immunizations	
Specialty/Disease State Management Clinic			Primary Care Office	
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•	Address health-condition issues	•	Review and update medication lists	
•	Adjust medications to effective doses	•	Collect vital signs, labs, diagnostic tests	
•	Provide disease-state, medication,	•	Recommend medication therapies to treat	
	and self-care education		current problems	
•	Teach medication administration and	•	Provide patient-centered care	
	device techniques		in a team-based environment	

Developed by the APhA-APPM Transitions of Care Special Interest Group

