

## Candidate for the Office of APhA-ASP National Member-at-large

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#### **GOAL STATEMENT**

Member-at-large with a Larger Vision for You

A Member-at-large seeks to represent, advocate, and empower the members they serve. The role is ever-changing simply because the needs of membership are dynamic and continue to evolve. My goal is to be the member who actively hears voiced issues, speaks up on behalf of underrepresented groups to executive leadership, and pours into every chapter so they may always have something to give to their communities. These are my focus as a Member-at-large with a larger vision for you. It has been my personal charge to serve all groups in this level of intentionality.

As the next generation of student pharmacists combat the next set of public health challenges, equipping them with the necessary tools will require learning the next best practices. We must become more efficient with our state-to-state communications and provide guided direction when breaking new ground. We are the next generation of pharmacists and leaders, but the profession's development depends on our ability to represent ourselves while recognizing our worth. It is time for increased representation from a Member-at-large who will advocate for resources to satisfy programming needs and empower members to make their visions come to fruition.

#### LEADERSHIP EXPERIENCE

APhA-ASP Leadership Experience:

- International Standing Committee National Project Coordinator 2021-2022
   Chapter President 2020-2021
- Chapter President 2020-2021
   Chapter President-Elect 2019-2020
- Ohio Pharmacists Association Board of Trustees Student Trustee 2019-2020
- Onio Pharmacists Association Board of Trustees Student Trustee 2019-2020

### Local Leadership Experience:Board of Trustees Graduate Student Representative 2021-2022

- Alumni Board of Governors SGA Representative 2019-2021
- Student Change Champion Network Student Co-Lead 2020-2021
- SGA President 2019-2021
- SGA Vice President 2018-2019
- Resident Director 2020-2022
- Resident Director 2020-202

#### PHILOSOPHIES ABOUT APhA

Let the Work Speak for Itself

Our aim should always be to educate and elevate the human condition of our patients. In order to consistently achieve this, we must ensure that proper initiatives are in place with goals to self-regulate our own growth as pharmacists and student pharmacists alike. The implementation of our programs and activities encourages us to find new and efficient ways to shed light on relevant topics, while keeping us connected with our community members' needs. In essence, our engagement with the programs set forth by the academy provide focus, guidance, and add purpose to our individual careers. The beauty of it is, we all have something to contribute under the large umbrella that is APhA, whether towards a specific operation or another noble advocacy cause. Even as our careers are just starting as student pharmacists, the efforts we put in now will shape public health outcomes for years to come.

The foundational work that people rarely see is the work we feel most proud of. There is a reason we never see the foundation of a house, but we recognize its value should that

house ever collapse. People do not see or sometimes even understand the late-night hours or extremely long days leaders take on in order to accomplish a given goal or project, but something always reminds us of the value. The reality is, many people will never see how hard we work to create that clinic or organize a blood drive, but we understand that this should never be a limitation for completing projects. It is my belief that the work should always speak for itself and represent who we are.

Being fortunate enough to serve as Chapter President and as National Project Coordinator have taught me more about what I can contribute to the academy and my community.

Through the Operation Heart campaign, the University of Findlay Chapter educated runners on cardiovascular disease by hosting a Virtual 5K and mailing giveaways that

included infographics on the importance of staying healthy to avoid such cardiovascular complications. Through the OTC Medicine Safety campaign, we recorded an instructional video on how to properly and safely dispose of medications at home on Drug Takeback Day. Even though this project required several takes, simply because I am not an actor, knowing that this would positively influence at least one family made it all worth it. In the same vain, my active pursuit of a Diabetes Management Certificate through APhA will equip me with tools to better engage with families that face these challenges and contribute towards our Operation Diabetes initiatives. Helping create content on behalf of the International Standing Committee has reinvigorated my understanding of reaching communities domestically and abroad. It all starts with the work that we are willing to put in so we can get the most out of the overall experience that is, being a member of APhA.

SPECIALIZED SKILLS & TALENTS

Learning is My Business, and Business is Good

### attributes as a leader. I have been blessed with a wide range of talents and skills that have equipped me to pursue different endeavors. Granted, it took many leaps of faith before I

realized I had the capabilities I confidently possess now.

Being a student pharmacist challenges my academic capabilities while being an oncampus student leader challenges my relationship building capabilities. I have acquired many skills through my academic rigor ranging from medication preparation to customer service and counseling, but I have also acquired many other skills by becoming a Resident

My willingness to learn new things and try unconventional routes are some of my core

Director and twotime SGA President. Through my experience, managing resources is a skill that is transferable between leadership roles, whether through creating budgets for my staff of Resident Assistants or managing the budget for all student clubs and organizations. Being on a college campus requires you to adapt and enhance your digital communication skills by learning effective content and social media management. This proved to be very beneficial when planning a music festival and a health equity event with high caliber guests. It was a great feeling knowing that a student pharmacist could develop a marketing plan for a Grammy-award winning artist, but I never imagined this skill could be transferred to hosting a surgeon general.

In light of this, my most notable skills and talents come from values that were learned from my Nigerian immigrating parents. Discipline and consistency have been some of the major backbones to achieving success and creating value. The discipline to attend church every Sunday helped to aid my love for music as I became a drummer. If you could find out the

other three instruments I can play, it may shock you, but it speaks to my versatility. Above all, the lessons my parents taught me about humility have created the leader I am today. Without it, my service to my peers would all be for nothing. These are just some of the many attributes members can expect to see from me if chosen to be a Member-at-large.

For those who are as curious as I am, my Gallup Poll Top 5 Strengths are:
Futuristic | Restorative | Achiever | Connectedness | Strategic

It is hard for me to argue with these results given the ideals and standards I hold myself to. I must never start anything without having the end goal in mind or without establishing a vision for how my actions may impact the world around me. Recognizing these as some my strengths, and sharing them with you, provides insight on how I may serve as a Member-at-large that represents, advocates, and empowers our membership. It is my hope

to use my current skillset, in addition to developing new skills, to better aid student

pharmacists find their voice just as APhA-ASP has helped me to find mine.