

APhA2022

APhA Academy of Student Pharmacists

Operation Substance Use Disorders Workshop

March 20, 2022
San Antonio, TX

WELCOME!



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Thank You to Our Supporter!



O P E R A T I O N
SUBSTANCE USE DISORDERS
APhA ACADEMY OF STUDENT PHARMACISTS

APhA2022

CONGRATULATIONS!!!

Today's Agenda

1. Background
2. Goals
3. Committee Structure
4. Communication
5. Timeline of Events
6. Resources
7. Diversity, Equity, Inclusion, and Accessibility (DEIA)
8. Social Determinants of Health

Background and Goals

Background

Prescription
Medication
Safety

Substance
Use
Disorders

Recovery

Advocacy

Prescription Medication Safety Goals

- Conduct prescription medication take back events
- Train on proper disposal of medications
- Provide education on medication adherence
- Educate on prescription medication safety and potential dangers of misuse



Substance Use Disorders Goals



- Provide education about the opioid crisis, substance use disorders, and breaking the stigma
- Partner with local and national addiction organizations
- Train on naloxone administration and patient utilization
- Screening, Brief Intervention, and Referral to Treatment training

Recovery Goals

- Provide information on navigating the recovery process
- Partner with local and national recovery organizations
- Discuss patient specific goals
 - Medication Assisted Treatment vs. non-medication treatment
- Develop resources for better patient and family understanding of SUD and other mental health illnesses
- Provide resources for counseling and treatment

Advocacy Goals

- Promote pharmacy involvement in state and federal legislation days
- Develop policy postcards for patients to sign during education events
- Develop policy briefs related to the pharmacist's role in SUD and developing a national prescription drug monitoring program

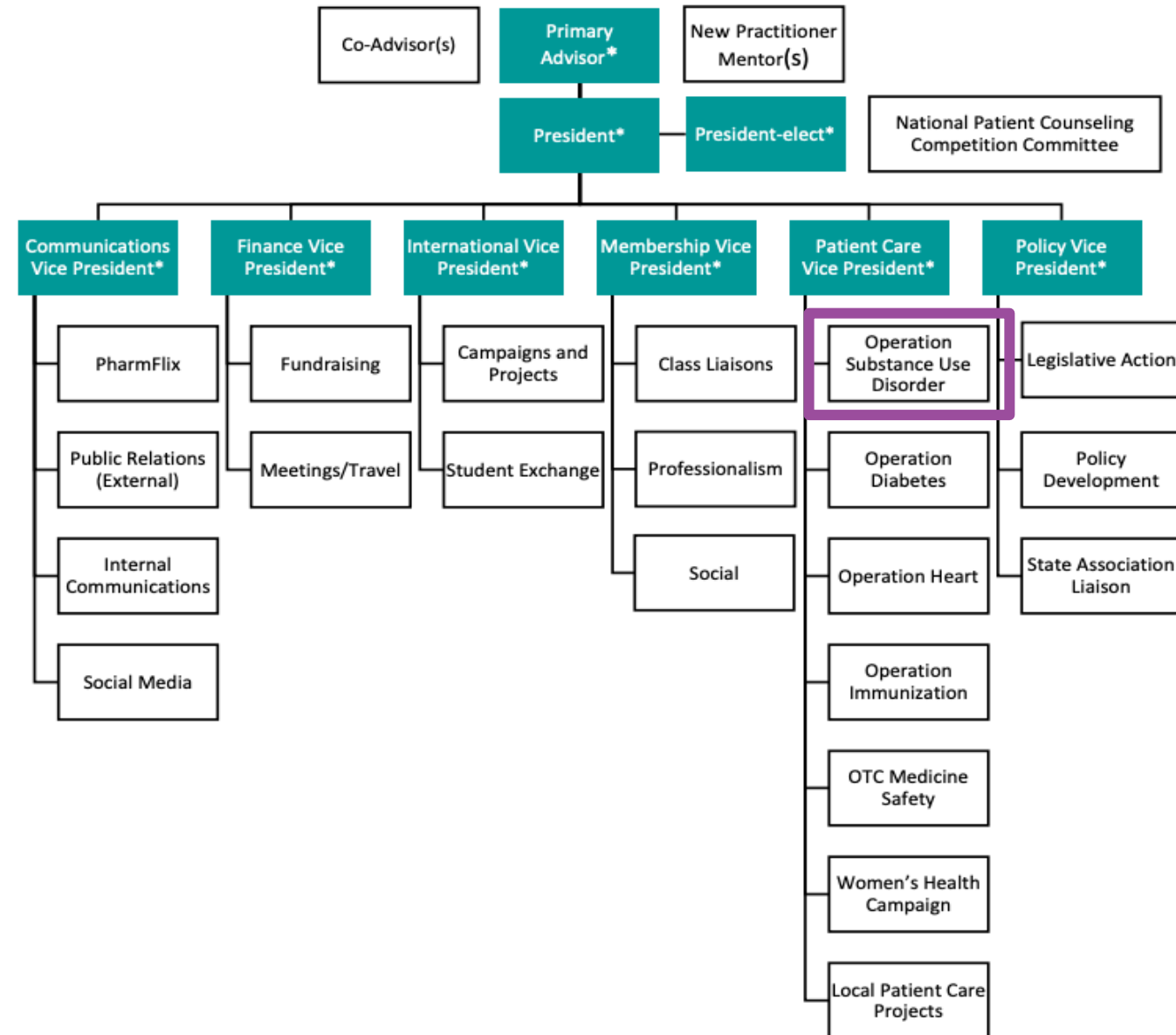


Roles and Responsibilities

Roles and Responsibilities - OSUD

- **Plans and organizes programming** on substance use disorder prevention and management and recovery
- Increase awareness among pharmacists and student pharmacists about the opportunity to serve as substance use disorder educators and health information resources regarding substance use disorder management
- Provide pharmacists, new practitioners, and student pharmacists with resources and tools to educate patients on substance use disorder management and prevention
- Promote the profession of pharmacy and its valuable role in the community and in healthcare

Committee Structure



Communications

Outgoing OSUD
Chair

Committee
Members

Patient Care Vice
President

Communications
Vice President

Chapter Advisor

Patient Care Project
Chairs

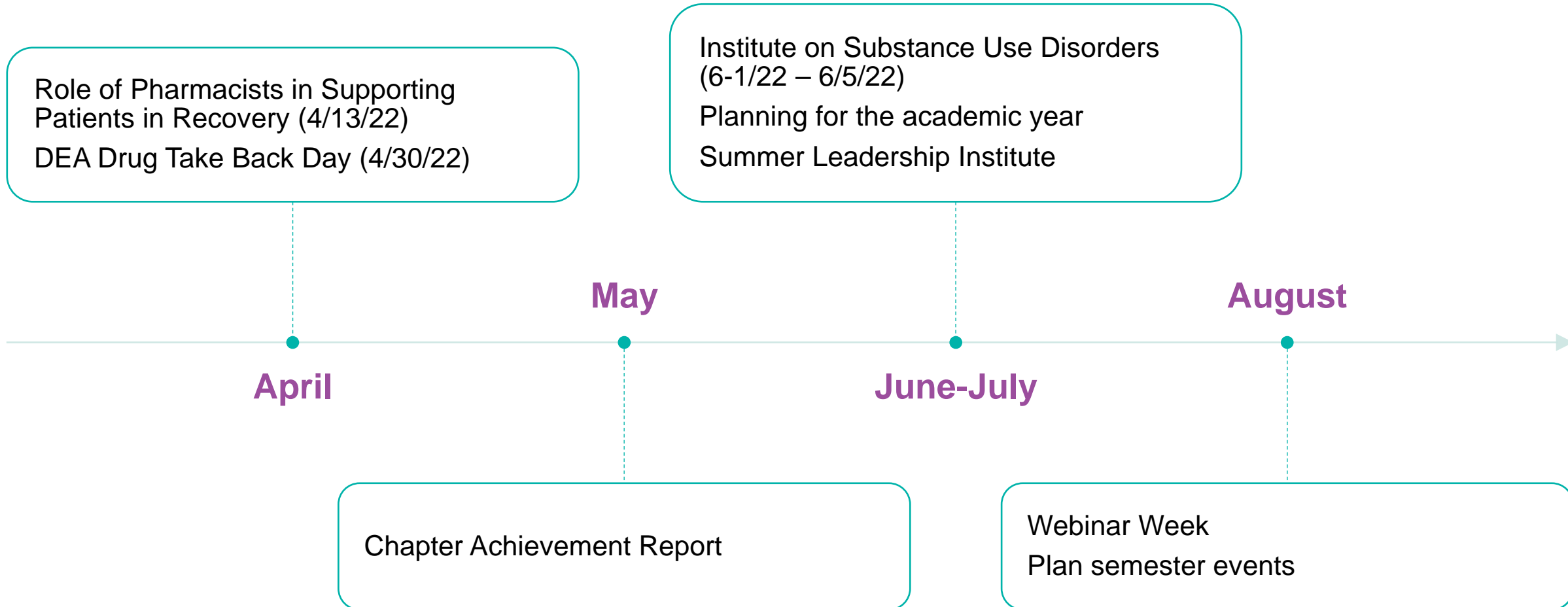
Community
Connections

OSUD Chairs
Nationwide

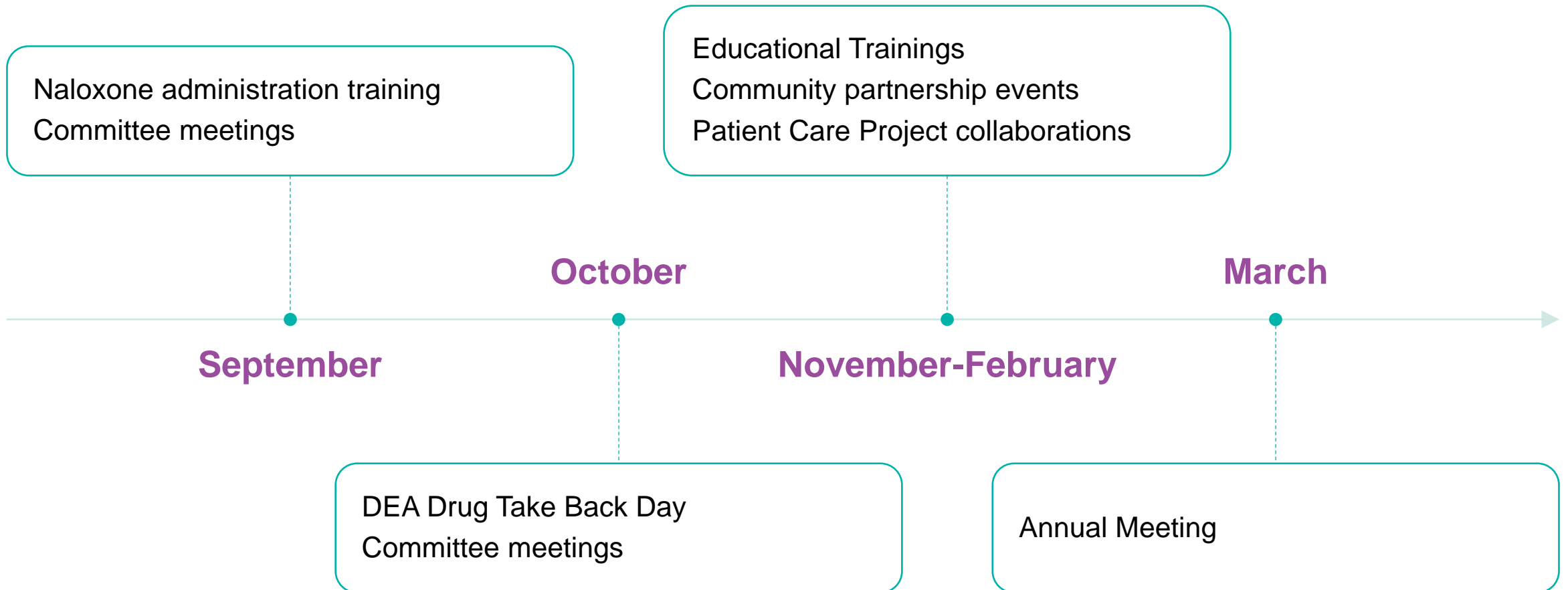
National
Membership
Engagement
Standing Committee

	Local
	National
	Local, Regional, or National

Timeline of Events 2022-23



Timeline of Events 2022-23



Resources

Resources

Pharmacist.com

Chapter Operations
Manual (COM)

Transition Guide

Event Check List

OSUD Chairs

American Association
of Psychiatric
Pharmacists (AAPP)
Chapters

Psychiatric Pharmacists

APhA-ASP Social Media

New Practitioner
Network

Email Communications
from SPC & CEU

DEA National
Prescription Drug Take
Back Day

Substance Abuse and
Mental Health Services
Administration
(SAMHSA)

Resources

Pharmacist.com

Step One



Step Two



Resources

Pharmacist.com

[LOGIN](#)
[JOIN / RENEW](#)

ASP Projects & Programs

APhA-ASP has opportunities for student pharmacists to become involved through patient care projects, community outreach, international organizations, career programming, professional development and more.

APhA-ASP national patient care and community service projects



- Operation Diabetes
- Operation Heart
- Operation Immunization
- Operation Reproductive Health
- Operation Substance Use Disorders
- OTC Medicine Safety
- Women's Health Campaign

APhA-ASP international opportunities



▪ APhA-ASP IPSF

APhA-ASP professional development programs



- National Patient Counseling Competition
- PharmFlix Video Contest
- Professional Development Series
- Virtual Learning

APhA-ASP career development programs



- APhA Experiential Program
- APhA Career Pathway Evaluation Program for Pharmacy Professionals

Step Three



Resources

Pharmacist.com

APhA-ASP Operation Substance Use Disorders



Operation Substance Use Disorders is brought to APhA Academy of Student Pharmacists (APhA-ASP) through a collaboration with [Walmart, Inc.](#) It is an educational program in which student pharmacists work in their communities to prevent misuse of prescription medication, break the stigma of substance use disorders (SUD), support patients in recovery, and advocate for the profession. By educating and providing resources to people of all ages and socioeconomic backgrounds, student pharmacists will raise awareness, prevent harm from prescription medication misuse, and support patients who struggle with SUD. APhA-ASP is honored to partner with Walmart, Inc. on this educational program to expand the breadth and depth of this important initiative to the communities surrounding our nation's schools and colleges of pharmacy.

We challenge every APhA-ASP Chapter to collaborate with pharmacists, educators, community outreach programs, local organizations, and legislators in your area to make a difference with Operation Substance Use Disorders. Visit the resources section below for tools and resources related to this program.

Resources

Pharmacist.com

Operation Substance Use Disorders - Resources

[A_{Ph}A Pain Management Forum](#)

Educational program supported by Walmart, Inc. Topics include: an overview of addiction and recovery, pain management best practices, bridging the gap between pain management and drug diversion, using brief interventions in a busy pharmacy setting, naloxone (role and use in communities), and opioid alternatives.

[Safe & Well powered by EVERFI](#)

A free online portal from Walmart, Inc. designed to equip you with knowledge and skills to make healthy decisions for yourself and to support those you care about. Lessons available on understanding prescription opioids and safe use, supporting others, understanding prescription stimulants and safe use, and promoting mental wellness.

[Walmart, Inc. Opioid Stewardship Program](#)

Walmart's mission is to help people "live better," and the Walmart Opioid Stewardship Initiative exists to help fight the opioid crisis by supporting solutions related to stewardship, education and advocacy. Learn more through the program's website.

[DEA National Prescription Drug Take Back Day](#)

The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.

[SAFE Project](#)

Addiction and recovery resources for campuses, communities and other patient populations.

[Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)

[National Alliance on Mental Illness \(NAMI\)](#)

[National Institute on Drug Abuse](#)

[CDC Resources on the Opioid Epidemic](#)

[Department of Health and Human Services Help and Resources on the National Opioids Crisis](#)

Resources

Transition Guide

Purpose

- Aids in leadership transition between incoming and outgoing OSUD chair
- Provides essential tools and resources to understand position

Content

- Position specifics including roles and responsibilities
- Proposed timeline for the position
- Expansion on key events

Considerations

- Essential discussion points
- Ideas for the next year
- References and links including specific community resources

Resources

Event Checklist and Timeline



APhA-ASP Event Planning Checklist & Timeline

Proposed Event Title:	
Proposed Event Date:	
Proposed Event Description:	

8 weeks before the event: Determine the goals

Event Type	<ul style="list-style-type: none"> • Patient-care project • Educational • Fundraiser • Professional/Leadership training • Social gathering (networking)
Main goals	
Target Audience	<ul style="list-style-type: none"> • Student pharmacists on-campus • Student pharmacists outside of campus

7 weeks before the event: Determine the details

Site Selection	<input type="checkbox"/> On-campus: <input type="checkbox"/> Off-campus:
Who are some potential partners?	Potential Collaborators:
Are you contracting with a performer or a speaker for the event?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Expenses	<input type="checkbox"/> Performer/Speaker Fee: <input type="checkbox"/> Food: <input type="checkbox"/> Decorations and set-up supplies: <input type="checkbox"/> Transportation: <input type="checkbox"/> Advertisement:
Funding Sources	• Are you selling tickets? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, how much are you going to bring in? \$ _____

	• Do you have fundraised dollars? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, how much are you contributing? \$ _____ • Are you asking for funds from the Student Government Association (SGA) on-campus? <input type="checkbox"/> Yes <input type="checkbox"/> No
Total budget	Expenses: \$ _____ - Ticket Sales: \$ _____ - Previously Fundraised Dollars: \$ _____ = Amount needed to ask from SGA

Resources

Event Checklist and Timeline

3-6 weeks before the event: Determine the agenda

Order and length of time for all events	
Event Logistics	<input type="checkbox"/> Fill out a required event proposal form or funding form to the Student Government Association (SGA) on-campus <input type="checkbox"/> Confirm a selected site is reserved <input type="checkbox"/> Confirm food is ordered <input type="checkbox"/> Confirm chapter advisors or other chaperone (licensed pharmacists) are available for the event
Advertisement	<input type="checkbox"/> Make flyers and table tents <input type="checkbox"/> Advertise on social media (Facebook event, Instagram post) <input type="checkbox"/> Contact target audiences
Collaborators and Performer/Speaker	<input type="checkbox"/> Meet and plan out the collaborative elements <input type="checkbox"/> Provide any resources/directions that they need

Ticket Sales and Tabling	<input type="checkbox"/> Reserve a table and tablecloth to sell tickets or to promote the event <input type="checkbox"/> Recruit volunteers to staff the table
Event Staff and Volunteers	<ul style="list-style-type: none"> • How many volunteers needed for the event set-up? _____ • At what time are volunteers needed for the event set-up? • How many volunteers needed during the event? _____
	<ul style="list-style-type: none"> • How many volunteers needed for the event clean-up? _____ • At what time are volunteers needed for the event clean-up? • What will the volunteers wear? Are white coats needed for student pharmacists?

Resources

Event Checklist and Timeline

1 week before the event: Confirm last minute tasks

- ☐ Finalize the event schedule. Do you have an event script?
- ☐ Purchase all supplies and decorations for the event. Create any signs needed for the event, such as welcome signs and directional signs.
- ☐ Ensure all event registration and financial paperwork have been submitted.
- ☐ Send an email reminder to all event volunteers with details, expected tasks, and required attire.
- ☐ Confirm with your collaborators and performer/speaker. Prepare a speaker bio and introduction.
- ☐ Confirm with your advisor/chaperone. If needed, get emergency contact information for your advisor/chaperone.
- ☐ Last push for marketing. Advertise again on social media, hang more flyers, and place table tents.

Day of the event

- ☐ Arrive early to set-up the room and give direction to volunteers.
- ☐ Secure cash-box for at door ticket sales or money collection.
- ☐ Pick up or greet performer/speaker.

Post-Event: Event evaluation

- ☐ Send thank you letters or emails to your collaborators, performer/speaker, advisor/chaperone, and all event volunteers.
- ☐ Evaluate within the chapter executive board or committee if you met the event goals. Discuss what went well and what can be improved.

Resources

Chapter Achievement Report (CAR)

Documents total number of:

- Events
- Hours planning
- Hours conducting
- Individuals educated
- Individuals reached through public relations
- Student pharmacist participants



Resources

Chapter Achievement Report (CAR)

Essays:

- Most innovative event
- How an event benefited your members
- An interaction with a patient
- Implementation, innovation, involvement, and impact for all OSUD events



APhA2022

Events

Event Ideas

DEA National
Prescription Drug
Take Back Day

Naloxone
administration
training

Educational
presentations at
local schools

Educational
presentations on
campus

Collaborative events
with other PCPs

Volunteer at local
NAMI

Membership Engagement

Membership Engagement

Tip #1: Know your audience!

Consider the following:

- What audience is this event intended to reach?
- What value does this event have to said audience?
- How can I successfully reach said audience?

Membership Engagement

Tip #2: Build a Community

Consider the following:

- What attributes are APhA members looking for in a community of their peers?
- How are you connecting with chapter members? Chapter leaders?
- What common activities or experiences would help to foster these connections?
- How do you recognize those who contribute greatly to the community?

Membership Engagement

Tip #3: Establish a common goal

Consider the following:

- What are your chapter goals for the year?
- How does your OSUD programming support these goals?
- What additional, OSUD-specific goals do you have?
- How can student members get involved in achieving these goals?

Brainstorm Break!



Take the next 10 minutes to brainstorm some new events or initiatives for OSUD at your chapter. Feel free to work with a neighbor or independently!

APhA2022

DEAI & SDOH

DEAI

- Diversity: **Representation** of different backgrounds and identities, including but not limited to: race, ethnicity, sexual orientation, socioeconomic status, beliefs
- Equity: refers to **fairness and justice** in treating people individually according to their needs, recognizing differences in privilege and opportunity
- Accessibility: curating a **culture of belonging** by actively inviting the thoughts, contributions, and participation of diverse groups of individuals.
- Inclusion: refers to the intentional, ongoing effort to ensure that **diverse individuals fully participate** in all aspects of organizational work, including decision-making processes.

DEAI – Student Pharmacists' Roles

- Education
- Engagement with all people
 - Peers
 - Faculty
 - Patients
 - Co-workers
- Organizational leadership



Social Determinants of Health (SDOH)

“The conditions in the environments where people are born, live, work, play, worship, and age that affect a wide range of health functioning and quality of life outcomes and risks”

Social Determinants of Health



Social Determinants of Health (SDOH)

- Economic stability
- Education access and quality
- Health care access and quality
- Neighborhood and built environment
- Social and community context

Social Determinants of Health



SDOH – President & President-elect Roles

- Learn, learn, learn!
- Resource awareness
- Policy and advocacy
- Training for student pharmacists
- Provide patient-friendly education

Social Determinants of Health





Thank you for joining!

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