

APhA-ASP INNOVATIVE PROGRAMMING AWARD

Clínica Esperanza Spreading Hope to the Underserved The University of Tennessee Health Science Center

DESCRIPTION

Clínica Esperanza (Clinic of Hope) is a student-run primary care clinic providing quality healthcare to the uninsured, Hispanic/LatinX adult population of Memphis, Tennessee.

What makes Clínica Esperanza special?

Run entirely by student volunteers in a collaborative environment

Supervision by licensed physicians and pharmacists

APhA-ASP members lead chronic disease management visits

All treatment provided at no cost to patients

METHODOLOGY

- APhA-ASP patient care project chairs created partnership with medical student leaders in spring 2021
- Interprofessional student leaders developed workflow processes to ensure collaborative efforts to enhance patient-centered care
- UTHSC APhA-ASP chapter members advocate for the profession by independently leading chronic disease management visits – learning proper medication titration, monitoring, and scope of practice
- Student pharmacists are exposed to social determinants of health, optimizing medication regimens, and helping patients reach therapeutic goals.



IMPACT



Pharmacy-Led Education Series

Provide educational sessions including prescription writing, statin indications, and diabetic injectable medication demonstrations to interprofessional volunteers

Nutrition Education

Healthy recipe cards tailored to Latin cuisine serving over 20 patients and family members with instructional video available on social media



Professional Development

Incorporation of New Practitioner Mentors as supervising pharmacists provides chapter members an excellent opportunity for networking and mentorship

OUTCOMES



- Over 60 UTHSC APhA-ASP chapter members have volunteered
- 250+ hrs contributed since pharmacy services initiated
- 15% increase in clinic visits since pharmacy implementation

FUTURE PLANS

- Improved communication with patients' pharmacies with medication reconciliation form
- Engage pharmacy students and enhance patient education through newly developed medication education discharge form
- Social Determinants of Health (SDOH) screening – provide patient resources and community connections